



Administrative Offices  
Psychological Services Business Office  
Education Center Sewickley  
WISCA  
Training and Consultation  
301 Camp Meeting Road  
Sewickley, PA 15143  
(412) 741-1800

Friendship Academy  
255 South Negley Avenue  
Pittsburgh, PA 15206  
(412) 365-3800

LEAP Preschool  
WISCA  
200 Linden Avenue  
Sharpsburg, PA 15215  
(412) 781-1708

Education Center South  
WISCA  
230 Hickory Grade Road  
Bridgeville, PA 15017  
(412) 914-8800

### Student Asthma Action Plan

Student Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Parent/Guardian Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Parent Guardian Signature: \_\_\_\_\_

Doctor Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Doctor Signature: \_\_\_\_\_

Student's Asthma Triggers:

---

---

---

Daily Maintenance Asthma Medications:

☐ Yes: \_\_\_\_\_  
☐ No

Medication use before exercise:

☐ Yes: \_\_\_\_\_ Instructions: \_\_\_\_\_  
☐ No

### Emergency Action Plan:

#### **Mild to Moderate symptoms**

(coughing/wheezing/shortness of breath, still able to perform some activities)

Use Rescue Medication: \_\_\_\_\_

\_\_\_\_\_ Puffs of every \_\_\_\_\_ hours

Repeat in \_\_\_\_\_ minutes if no improvement, up to \_\_\_\_\_ times

If no improvement 15 minutes after 2<sup>nd</sup> administration, call guardian and/or 911.

Student must be dismissed to guardian (or transported by EMS) if no improvement after second use and should be evaluated. Student may not ride bus/cab home.

#### **Moderate to Severe symptoms**

(Extreme shortness of breath, difficulty talking or walking, decreased oxygen saturation, color change)

Use Rescue Medication: \_\_\_\_\_

\_\_\_\_\_ Puffs every \_\_\_\_\_ hours

Repeat in \_\_\_\_\_ minutes if no improvement, up to \_\_\_\_\_ times

**Call guardian and/or call 911.**

**Student must be dismissed to guardian (or transported by EMS) after severe asthma symptoms and should be evaluated. Student may not ride bus/cab home.**