**LESSON: *I Can Learn Self-Advocacy!***

**OUTLINE**

1. Introduce the lesson: I Can Learn Self-Advocacy
2. Ask students for their definitions of “self-advocacy”
3. Explain that self-advocacy is speaking up for yourself to get what you need
4. Talk about the benefits of being able to speak up for yourself in the right way. Discuss examples of inappropriate responses. Did it help you get what you need?
5. Explain that the students will learn 3 Parts of Self-Advocacy
6. Know yourself
7. Know what you need
8. Know how to get what you need
9. Summarize the importance of self-advocacy

**MATERIALS NEEDED:**

* Facilitator’s Guide
* Activities
* Lesson Summary Card (magnet cards)
* Homework Sheet – “This week I might try Self-Advocacy”
* Mini schedule
1. So what do YOU think? discussion question
2. Give out the magnet cards