

# COMPROMISING WORK PACKET

## WHAT WOULD YOU DO?

SOLVE THE PROBLEM BY COMPROMISING. REMEMBER COMPROMISING MEANS MAKING A DECISION TOGETHER THAT EVERYONE AGREES TO SO EVERYONE CAN GET SOME OF WHAT THEY WANT BY GIVING UP A LITTLE. THINK ABOUT HOW YOU WOULD COMPROMISE IN THESE SITUATIONS AND WRITE WHAT YOU COULD SAY OR DO TO COMPROMISE.

1. Your sibling wants to take a turn on the tablet, but you are trying to beat the level in the game you are playing and don't want to stop playing right now. What could you say to make a compromise?

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2. You and your friends are playing basketball at the park. Another group of kids had plans to play basketball too and want to use the court. No one wants to leave or stop playing basketball. What is a solution you can think of so no one has to leave or stop playing basketball?

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3. It's dinner time and there is only one piece of pizza left. You really want it, but you've already eaten 3 pieces. You go to reach for the piece at the same time as someone else. What would you do to compromise if this happened?

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4. You want to play, but you know you were told it was time to sit down and do your homework. You are starting to get upset and begin to argue when you're told to start doing your work. Arguing is taking up a lot of your time. You know you have to do your work, but still want to have some free time. What can you do to make sure you are following the rules about doing homework, even though you don't really want to do it right now, and still get some free time?

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5. You and your siblings have to do your chores before you can watch a movie. You are almost done with your chores, but your siblings are taking a little bit longer. You start to feel impatient and wish they would hurry up. You are about to start the movie without them. What could you do if this happened to make sure everyone's chores get done and everyone gets to watch the movie together?

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# THE COMPROMISE CHALLENGE

THIS WEEK I WANT YOU TO FIND ONE WAY TO COMPROMISE AT HOME. USE THE STEPS TO COMPROMISING TO HELP YOU OUT.

STEP 1: EMPATHIZE

STEP 2: TALK IT OUT AND SHARE IDEAS

STEP 3: COME UP WITH A PLAN TOGETHER

STEP 4: STICK TO THE PLAN

REFLECT ON HOW YOU COMPROMISED BY ANSWERING THE QUESTIONS BELOW ON YOUR OWN OR COMPLETE IT WITH WHOEVER YOU COMPROMISED WITH!

1. Describe what you compromised on:

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2. Who did you compromise with?

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3. What was the plan you came up with together?

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4. What was the most difficult part about compromising?

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5. How did you feel after you were able to compromise and come up with a plan together?

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6. Do you think that the plan was fair and turned out well for everyone? Why or why not?

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7. The next time you are in a situation where you need to compromise what could you improve on?

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8. Do you think that you will be able to compromise better in the future now that you know the steps and have tried it for yourself. Yes or No?

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