

BULLYING VS JOKING WORKSHEET

Read each situation and decide if this is an example of bullying or joking.
Look at the chart if you get stuck!

BULLYING	JOKING
MEANT TO HURT SOMEONE	FUNNY FOR EVERYONE
HUMILIATING AND EMBARRASSING	NO ONE IS EMBARRASSED
LAUGHING AT SOMEONE	LAUGHING WITH SOMEONE
ONE PERSON IS IN POWER (POWER IMBALANCE)	EVERYONE HAS EQUAL POWER
CONTINUES EVEN IF SOMEONE SAYS "STOP"	STOPPING IF SOMEONE SAYS "STOP"

	Circle the correct answer below.	
EXAMPLE: Ricky laughs at Eric when he drops his lunch tray and starts calling Eric "butter fingers" over and over and draws a lot of attention to Eric. Eric asks Ricky to stop, but he continues and says, "it's just a joke".	Bullying	Joking
Tonya is feeling down, so her friend Tia starts to make silly faces at her. Tonya begins to smile and laugh and makes faces at Tia too.	Bullying	Joking
Lee does not like loud noises. Jess knows this and pops a balloon near him. Lee is startled and upset. Jess laughs at his reaction and tells him it was a "prank".	Bullying	Joking
Ben calls Kyle a "genius" when Kyle confidently shouts out the wrong answer in math. Kyle realizes his mistake and begins to laugh too. Kyle and Ben tell their friends this story at lunch.	Bullying	Joking
Grace tells Dan he has a stain on his favorite shirt, even though he doesn't. Dan quickly looks at his shirt and notices there is no stain. He starts to laugh and tells Grace he'll get her back. They both laugh.	Bullying	Joking
Gary is short and embarrassed about his height. Some of the other boys in his class will ask him to get things from tall shelves for them and then laugh when he can't reach the shelf.	Bullying	Joking

If you have any questions contact Ms. Reed @ (412)-353-9794

BULLYING VS JOKING WORKSHEET

Now that we can tell the difference between joking and bullying write your own example of each.

Bullying:

Joking:

Answer the multiple choice and true/false questions by picking the best answer.

1. What should you do if you hurt someone's feelings even if you were trying to be funny and didn't mean to hurt them?

- A. Try to do the same thing again because they probably didn't get it the first time.
- B. Apologize to that person and try to avoid making the same mistake in the future.
- C. Tell them that it was funny and it's not your fault they didn't laugh.

2. Which one of these is an example of bullying?

- A. Telling a knock-knock joke
- B. Sharing a funny story with a friend
- C. Pulling a prank on someone to embarrass them

BULLYING VS JOKING WORKSHEET

3. If you are joking around you are laughing **with** someone.

True or False

4. A joke is meant to embarrass and hurt someone else.

True or False

5. If you are being bullied or see someone being bullied you should find a responsible adult to help.

True or False

BONUS ACTIVITY!

Come up with your own joke to tell to a friend or family member and write it down here!

REMINDER:

Sometimes jokes can go wrong, but we should do our best to think about others' feelings before we say or do something. If someone is hurt we should apologize. Mistakes happen sometimes and that's okay. But bullying is NEVER okay or funny. Think about this when joking around with friends or family. It's fun to laugh and joke, but it's not fun to be a bully or be bullied!