

Name: \_\_\_\_\_ Date: \_\_\_\_\_

### Healthy Relationships

1. How do you develop healthy relationships with the people you love?

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2. Take a look at the "Equality Wheel," this gives examples or "ingredients" of what healthy relationships are made of. Pick the 4 "ingredients" that are most important to you and your relationships. Why are these most important?

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3. How do you make sure you are giving your relationships the same "ingredients" that you expect from others?

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