

**Social Skills –Parent Note**

Your child just completed a social skills lesson. The topic was:

***I Can Accept Consequences.*** Your knowledge of this lesson may help you to help your child generalize the skills to other environments.

**What he/she learned:**

1. **A consequence is the result of an action or a situation. It could be because of a mistake we make, or something we say or do that we shouldn’t**
2. **Everyone makes mistakes – we can learn from them!**
3. **Sometimes our mistakes have consequences – whether they happen at school or at home**
4. **There are 4 STEPS TO ACCEPTING CONSEQUENCES:**
5. **Look at the person**
6. **Say “okay”**
7. **Stay calm**
8. **Don’t argue**
9. **Doing these steps helps us to take responsibility for our actions and accept the consequences**

**Your child received a Lesson Summary magnet:**



**If you have a moment, email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with any information that might help your child for the next lesson on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. THANK YOU!!**