**Lesson Title: I Can Turn a Bad Day Into a Better One!**

**Pre and Post Assessment**

**Student name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age \_\_\_\_\_\_\_\_\_\_**

**Dates \_\_\_\_\_\_\_ \_\_\_\_\_\_\_ Form completed by: \_\_\_\_\_\_\_\_\_\_\_**

**Place a + in the column if the student completes the skill**

**Place a / in the column if the student partially completes the skill**

**Place a – in the column if the student is unable to complete the skill**

**Provide a comment for each skill if needed on the C line**

|  |  |  |
| --- | --- | --- |
| **Skills observed & Comments (C:)** | **Pre-test** | **Post-test** |
| 1. Able to describe a ‘bad’ day accurately |  |  |
| **C:** |  |  |
| 1. Relates 2 appropriate ways to turn a bad day around |  |  |
| **C:** |  |  |
| 1. Student demonstrates ability to describe own feelings during a bad day |  |  |
| **C:** |  |  |
| 1. Student observed to utilize strategies to de-escalate and ‘turn a day around’ |  |  |
| **C:** |  |  |
| 1. Student able to positively relate how a strategy helped his/her day |  |  |
| **C:** |  |  |
| 1. Student accurately and w/minimal assists, completes the homework page (post only) |  |  |
| **C:** |  |  |
| 1. Student completes homework page accurately & w/minimal assists (post lesson) |  |  |
| **C:** |  |  |