**LESSON: *I Can Follow Directions***

**OUTLINE**

1. Introduce the topic of **following directions.** Explain that this lesson will help them learn some ways to follow directions at school.
2. Talk about the different directions students are typically given at school. Ask for students’ input about other directions they may receive.
3. Lead a brief discussion about the importance of following directions. Talk about the positive outcomes of doing what we’re supposed to do at school. Ask for students’ input about other possible outcomes.
4. Explain that there are **6 things** we can do to make sure we really hear all of the directions so that we can do what we’re supposed to do at school:
5. **Listen carefully to what the teacher is saying**
6. **Check for visual cues**
7. **Say (or think) “okay”**
8. **Ask questions if I didn’t hear or I don’t understand**
9. **Repeat the direction to myself and picture me doing it in my mind**
10. **Follow the direction as soon as I can!**
11. So what do YOU think? discussion question

**MATERIALS NEEDED:**

* Facilitator’s Guide
* Computer & Projector
* Activity Sheet(s) & materials
* Magnet Cards
1. Give out the magnet cards