**This week I might try:**

***To Follow Directions***

**I’ll try to remember that there are 6 things I can do to help me follow directions.**

**I can keep track of what I’m learning on the chart below:**

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| --- | --- | --- | --- | --- | --- |
| **I Can Follow Directions:** | **Day**  **1** | **Day**  **2** | **Day**  **3** | **Day**  **4** | **Day**  **5** |
| 1. **Listen carefully to what the teacher is saying** |  |  |  |  |  |
| 1. **Check for visual cues** |  |  |  |  |  |
| 1. **Say (or think) “okay”** |  |  |  |  |  |
| 1. **Ask questions if I didn’t hear or I don’t understand** |  |  |  |  |  |
| 1. **Repeat the direction to myself and picture me doing it in my mind** |  |  |  |  |  |
| 1. **Follow the direction as soon as I can!** |  |  |  |  |  |