

**Social Skills –Parent Note**

Your child just completed a social skills lesson. The topic was:

***I Can Ask for Help***. Your knowledge of this lesson may help you to help your child generalize the skills to other environments.

**What he/she learned:**

* **We encounter different problems at school and elsewhere.**
* **Sometimes we can fix these problems on our own, but sometimes we might need help.**
* **There are 4 steps we can take to ask for help:**
1. **Figure out IF you need help**
2. **Think about WHO can help**
3. **Ask for help the right way**
4. **Thank him or her for the help**
* **So what do YOU think? discussion question**

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**Your child received a Lesson Summary magnet:**

**If you have a moment, email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with any information that might help your child for the next lesson on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. THANK YOU!!**