**ACTIVITY 2: ASKING FOR HELP**

**TAKE A STAND (OR A SEAT)**

**Read the following situations one at a time. Have students stand up if they would need to ask for help for this scenario or sit down if they felt they could handle it by themselves. Ask the standing students to role-play WHO and HOW they would ask for help in that situation. Ask the seated students how they would handle the situation by themselves.**

* **you tore a hole in your jeans at school**
* **you left your math book at home**
* **you were absent and missed an important lesson in social studies class**
* **you spilled chocolate milk on the living room rug**
* **you had a nasty fight with your best friend**