

**Social Skills –Parent Note**

Your child just completed a social skills lesson. The topic was:

***I Can Handle Cliques.*** Your knowledge of this lesson may help you to help your child generalize the skills to other environments.

**What he/she learned:**

* **What is a clique? What’s the difference between a group of friends and a clique?**
* **There’s usually an assertive person who “leads” the clique. Kids in the clique may act differently than they did before they were members of the clique.**
* **Why do kids join cliques (shared interests, to be popular, to belong) and why someone might not be part of a clique (may look, act, or dress differently; be new to the school, etc.)**
* **How it feels to be outside of the clique. How it feels to be in a clique and disagree with the way others are treated. What can you do?**
* **Who can help? (family, friends, school personnel)**
* **5 Strategies to try:**
1. **Find friends**
2. **Speak up**
3. **Invite a friend**
4. **Don’t take it out on yourself**
5. **Look for friends everywhere**
* **So what do YOU think?**

**Your child received a Lesson Summary magnet:**

**If you have a moment, email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with any information that might help your child for the next lesson on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. THANK YOU!!**