

**Social Skills –Parent Note**

Your child just completed a social skills lesson. The topic was:

***I Can Handle Put-Downs.*** Your knowledge of this lesson may help you to help your child generalize the skills to other environments.

**What he/she learned:**

* **What is a “put-down”? (An insult or criticism someone says to you) Put-downs can be about the way we look or something we do**
* **Put-downs can hurt our feelings or make us mad**
* **Reacting the right way can help make the put-downs stop**
* **4 ways to handle put-downs with “comebacks”**
1. **question it**
2. **turn it into a compliment**
3. **ignore it and walk away**
4. **be amazed**
* **Stay calm and confident when delivering comebacks**

****

* **So what do YOU think?**

**Your child received a Lesson Summary magnet:**

**If you have a moment, email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with any information that might help your child for the next lesson on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. THANK YOU!!**