**ACTIVITY: I CAN HANDLE PUT-DOWNS**

**SPINNER**

**MATERIALS NEEDED:**

* PAPER PLATES
* MARKERS
* BRASS PAPER FASTENERS
* SCISSORS
* COMEBACKS SHEET (below)
* GLUE STICKS
* PRE-CUT ARROWS (hole-punched at base)

1. Give each student a paper plate and help them divide the plate into 4 equal parts with a marker
2. Give each student a comeback sheet and ask them to

cut apart the 4 comebacks on the lines

1. Tell the students to glue one of the comebacks in each

section of their plate

1. Using the scissor point, help the students poke a hole in

center of their plates (\*do this **for** the students when

safety is a concern)

1. Help the students use the brass paper fasteners to

attach the arrows to the plates

1. Make up silly put-downs (i.e. “Your nose is too curly”) and let each student take a turn spinning their arrow and practicing the comeback on the plate
2. Keep it light and fun, but remind students about staying **calm and confident** when they deliver their comebacks

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| **question it** | **turn it into a compliment** |
| **ignore it – and walk away** | **be amazed** |