**Lesson Title: I Can Handle Embarrassment**

**Pre and Post Assessment**

**Student name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age \_\_\_\_\_\_\_\_\_\_**

**Dates \_\_\_\_\_\_\_ \_\_\_\_\_\_\_ Form completed by: \_\_\_\_\_\_\_\_\_\_\_**

**Place a + in the column if the student completes the skill**

**Place a / in the column if the student partially completes the skill**

**Place a – in the column if the student is unable to complete the skill**

**Provide a comment for each skill if needed on the C line**

|  |  |  |
| --- | --- | --- |
| **Skills observed & Comments (C:)** | **Pre-test** | **Post-test** |
| 1. Defines the term ‘embarrassed’
 |  |  |
| **C:** |  |  |
| 1. Describes examples of times he/she or another person was embarrassed
 |  |  |
| **C:** |  |  |
| 1. Identifies up to 3 possible ways our body might react to being embarrassed. (blush, sweat, heart races)
 |  |  |
| **C:** |  |  |
| 1. Describes 3 ways we might feel when embarrassed (ashamed, want to hide, self-conscious)
 |  |  |
| **C:**  |  |  |
| 1. Names 4 possible acceptable ways to handle embarrassment (laugh at self, stop blaming self, change subject, move forward with statements)
 |  |  |
| **C:** |  |  |
| 1. Student observed to use an appropriate strategy if in the situation of embarrassment occurs
 |  |  |
| **C:** |  |  |
| 1. Student completes homework page accurately w/minimal assists (post lesson)
 |  |  |
| **C:** |  |  |