**This week I might try:**

***To be helpful – not bossy***

**I’ll try to remember that there are 4 things to watch to make sure I’m helpful, not bossy.**

**I can keep track of what I’m learning on the chart below:**



|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **I can try to be helpful – not bossy - if I remember to watch:** | **Day**  **1** | **Day**  **2** | **Day**  **3** | **Day**  **4** | **Day**  **5** |
| 1. **My tone of Voice** |  |  |  |  |  |
| 1. **The words I say** |  |  |  |  |  |
| 1. **What my face is doing** |  |  |  |  |  |
| 1. **What my body is doing** |  |  |  |  |  |