

Social Behavior Mapping

Situation: _____

Your behavior that is EXPECTED in the situation	Others' feelings about the behavior(s)	How others treat you based on how they feel about the behavior(s)	How you feel based on how you are treated in the situation
→	→ 😊	→	→
Your behavior that is UNEXPECTED in the situation	Others' feelings about the behavior(s)	How others treat you based on how they feel about the behavior(s)	How you feel based on how you are treated in the situation
→	→ 😞	→	→