**Lesson Title: I Can Take Care of My Body – Keeping Clean & Healthy**

**Pre and Post Assessment**

**Student name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age \_\_\_\_\_\_\_\_\_\_**

**Dates \_\_\_\_\_\_\_ \_\_\_\_\_\_\_ Form completed by: \_\_\_\_\_\_\_\_\_\_\_**

**Place a + in the column if the student completes the skill**

**Place a / in the column if the student partially completes the skill**

**Place a – in the column if the student is unable to complete the skill**

**Provide a comment for each skill if needed on the C line**

|  |  |  |
| --- | --- | --- |
| **Skills observed & Comments (C:)** | **Pre-test** | **Post-test** |
| 1. Names 4 ways to take care of their bodies (eat health, exercise, get enough sleep, keep clean) |  |  |
| **C:** |  |  |
| 1. Identifies minimum of 3 items needed to keep clean (soap, water, shampoo, warm water, wash rage/sponge) |  |  |
| **C:** |  |  |
| 1. Student’s appearance indicates use of body caring items |  |  |
| **C:** |  |  |
| 1. Student completes homework page accurately w/minimal assists (post lesson) |  |  |
| **C:** |  |  |