**This week I might try:**

***To handle gossip and rumors***

**I’ll try to remember that there are ways to respond to gossip and rumors that can keep them from spreading.**

**I can keep track of what I’m learning on the chart below:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **If I hear gossip or rumors this week, I’ll try to:** | **Day**  **1** | **Day**  **2** | **Day**  **3** | **Day**  **4** | **Day**  **5** |
| **1. Make the rumor or gossip stop with me** |  |  |  |  |  |
| **2. Not listen to the rumor or gossip** |  |  |  |  |  |
| **3. Be a peacemaker** |  |  |  |  |  |
| **4. Remember that private is private!** |  |  |  |  |  |