**This week I might try:**

***To deal safely with cyberbullying***

**I’ll try to remember that there are ways to handle cyberbullying that might make things better.**

**I can keep track of what I’m learning on the chart below:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **If I’m confronted with cyberbullying this week, I’ll try to:** | **Day**  **1** | **Day**  **2** | **Day**  **3** | **Day**  **4** | **Day**  **5** |
| 1. **Save the evidence** |  |  |  |  |  |
| 1. **Tell an adult** |  |  |  |  |  |
| 1. **Report threats to school staff or police** |  |  |  |  |  |
| 1. **Don’t respond or retaliate** |  |  |  |  |  |
| 1. **Protect myself by not giving out information** |  |  |  |  |  |
| 1. **Block the sender** |  |  |  |  |  |

