**This week I might try:**

***To deal safely with cyberbullying***

**I’ll try to remember that there are ways to handle cyberbullying that might make things better.**

**I can keep track of what I’m learning on the chart below:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **If I’m confronted with cyberbullying this week, I’ll try to:** | **Day****1** | **Day** **2** | **Day****3** | **Day****4** | **Day****5** |
| 1. **Save the evidence**
 |  |  |  |  |  |
| 1. **Tell an adult**
 |  |  |  |  |  |
| 1. **Report threats to school staff or police**

 |  |  |  |  |  |
| 1. **Don’t respond or retaliate**
 |  |  |  |  |  |
| 1. **Protect myself by not giving out information**
 |  |  |  |  |  |
| 1. **Block the sender**
 |  |  |  |  |  |

