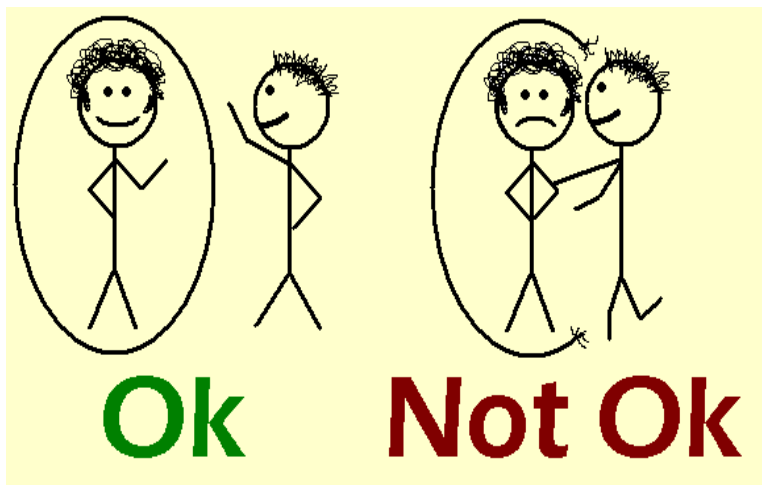


What is Okay And What is NOT Okay





**Sometimes things change.
Sometimes things are different.**

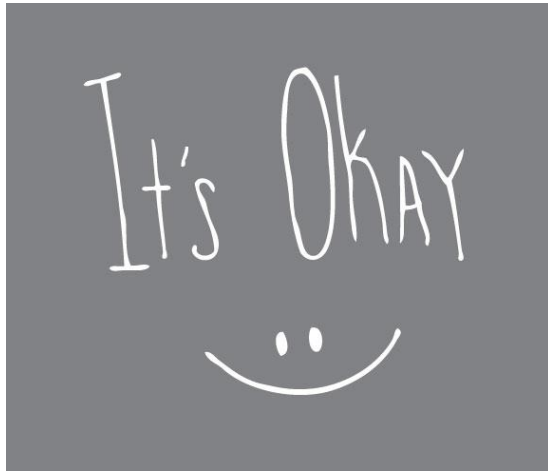


And sometimes that is upsetting to me. 😞

When things CHANGE or are DIFFERENT...



WHAT SHOULD I DO?



It it's OKAY for me to say to someone....

I don't understand.

or

I don't like that.

or

Let me think about it.



BUT.....

WHAT SHOULD I NOT DO?

THIS IS NOT OK



It is NOT okay for me to.....

Argue or yell at someone

or

Get into someone's personal space by getting close to their face or body

or

Push, hit or grab someone

These are things that can scare people and make them think you are going to hurt them!!



IT CAN BE BREAKING THE LAW TO SCARE SOMEONE BY -

*GETTING TOO CLOSE TO SOMEONE,

*YELLING AT SOMEONE, OR

*TOUCHING SOMEONE WHO DOESN'T

WANT TO BE TOUCHED.

BREAKING THE LAW

What does it mean to **BREAK** a law?
What does it mean when something is
AGAINST the law?

Some things that are against the law
are stealing or destroying other
people's things or hurting people.



Laws are made to protect people.
Laws help people feel safe.
Laws help people stay safe.

Police Officers help people follow laws
so they can stay safe.



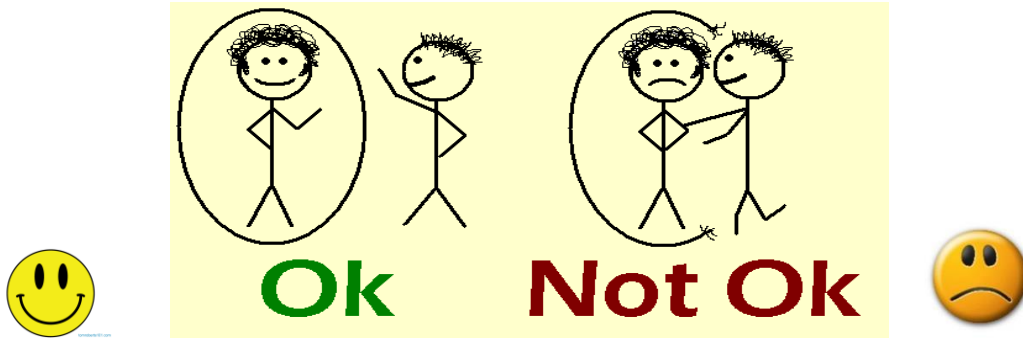


When you get too close to people and touch or grab people when they do not want to be touched, they will feel afraid and they will not feel safe.



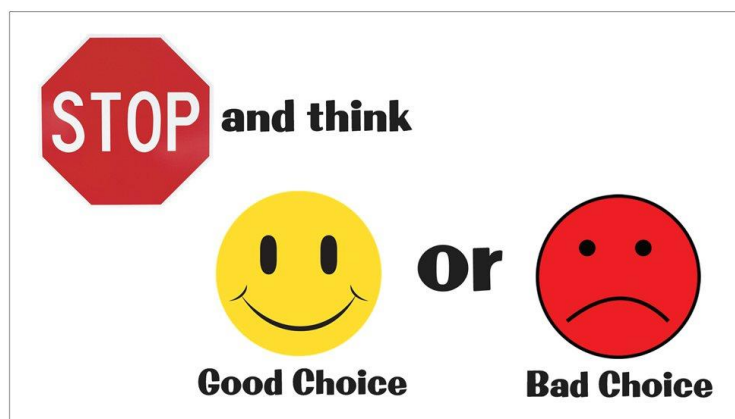
If people say your behavior scares them, **EVEN IF YOU DID NOT MEAN TO SCARE THEM**, you can get into big trouble!

A person could ask a boss or a police officer to help them tell you to stop. You could get fired from your job or even arrested.



It is against the law to get too close to someone and touch, hit, grab or push them when they don't want to be touched.

It is still against the law, even if you say you are sorry.



REMEMBER TO STOP AND THINK!
Instead of getting too close, yelling, grabbing or hitting someone:



YOU CAN MAKE GOOD CHOICES

Follow the Law and Help People Feel Safe.

Instead of yelling at someone--

1. You can stand back and tell -
I don't understand or
I don't like that.
2. You can stand back and ask -
Please explain it to me.
3. You can stand back and say -
I don't want to talk about it.

Instead of touching someone--

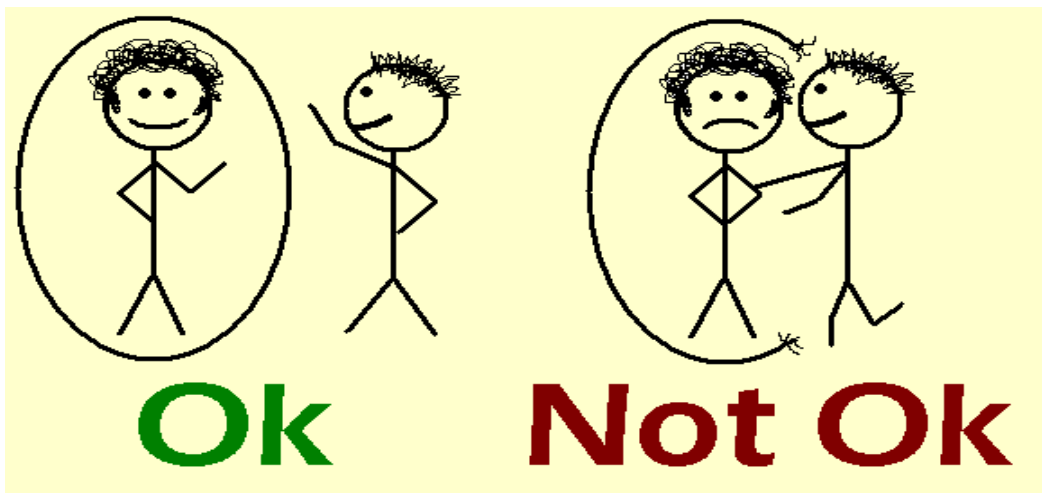
1. You can
Put your hands in your pockets.
Squeeze your hands together.
Just walk away.

Control your body.
Control your behavior.
Follow the laws and
Everyone will be safe.

REMEMBER TO STOP AND THINK!



YOU CAN MAKE GOOD CHOICES



SOCIAL COMFORT ZONES

MY 5 POINT SCALE

Personal Space

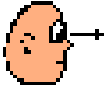
Eyes



5

Against The Law   Inappropriate touching.
Touching someone who does not want to be touched.

Who is it OK with? NO ONE.

What:  - Staring at any part of a person for more than 5 secs.

When: You are not interacting with them

Who is it OK with? NO ONE

4

Hug Space

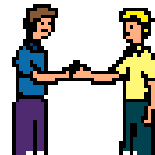


Who is it OK with? My family.

Who is it OK with? NO ONE

3

Handshake Space



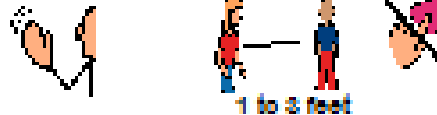
Who is it OK with? My good friends.

What:  Looking at someone's face or hands

When they are:
- talking with you
- showing / teaching you something

2

Wave Space

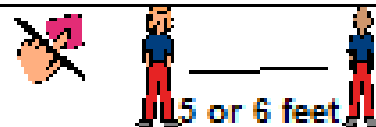


Who is it ok with?-Other kids in school.
-My teachers and EA's.-Store clerks.
-Restaurant servers.

When they are:
- talking with you
- showing / teaching you something

1

Public Space



Who is it ok with? Almost anybody.
- bus drivers - other teachers - people I see but I don't usually talk to.

What: Short looks under 3 secs.
When: You are not interacting with the person

5

Physically hurtful or threatening behavior. These are behaviors that are against the law. For example, hitting someone or grabbing them in a private place. You will get fired from a job, suspended from school and maybe even go to jail if you engage in these behaviors.

4

Scary Behavior. This could include swearing or staring. You would probably get fired from a job for this behavior or suspended from school. This behavior could also end up being against the law.

3

Odd Behavior. This behavior could make other people uncomfortable. It might include sitting too close to someone or putting your face too close to someone who wasn't expecting it. It could also include showing up at a party you weren't invited to. You might get fired from a job because this behavior makes other people nervous. This is not against the law.

2

Reasonable Behavior. This type of behavior is like going to a party you have been invited to and talking appropriately to someone you know. It might be playing a game with someone, working with someone in a group at school or eating lunch with someone. People are enjoying each other's company at this level. This is where people get to know each other better.

1

Very Informal Social Behavior. This is like waving to someone or smiling at someone in the hallway at school. If you just say "Hi" and keep on walking it is also a 1. This is totally OK and is the way most people first notice each other.