**Instigate or Encourage?**

**Instigate? What does Instigate mean?**

**Definition: To provoke someone into doing something bad or to feel bad.**

**Does that sound like something nice or something mean?**

**NICE? OR…. MEAN?** 

**Encourage? What does encourage mean?**

**Definition: To urge someone to doing something good or to feel good.**

**Does that sound like something nice or something mean?**

**NICE? OR…. MEAN?** 

**Instigate – Instigator – a person who instigates**



**Encourage – Encourager – a person who encourages**



**Which do you want to be?**

**Here is Felix.**



**Here is Keith.**



**Keith doesn’t like loud noises.**

**Felix runs into the room and starts pounding on the table. He is trying to make Keith angry.**

**Is Felix an Instigator or an Encourager?**

**It is mean to instigate. We should try to encourage each other.**

**Here is Casey.**



**This is Lincoln.**



**Casey is frustrated with his work. Lincoln says, “raise your hand, the teacher will help”.**

**Is Lincoln an Instigator or an Encourager?**

**It is nice to encourage each other. The classroom is calmer and quieter when we encourage each other.**

**This is Abigail.**



**Here is Sally.**



**Abigail knows that Sally doesn’t like to play tag. She goes to the other students and gets them to promise to play tag at recess and to leave Sally out.**



**Is Abigail an Instigator or an Encourager?**

**Instigating is like teasing. It is mean. It is better to encourage.**

**The teachers will be proud of students who encourage each other.**

**This is Kai.**



**Here is Eddie.**



**Eddie is shy. He sits by himself in the cafeteria. Kai goes over to Eddie and joins him. He brings two friends with him.**

**Is Kai an Instigator or an Encourager?**

**Kai is encouraging Eddie to talk and play with his classmates. Kai is an Encourager.**

**It is nice to encourage our friends. Everyone’s day will be more fun and stress free when we encourage instead of instigate.**

**Teachers love it when students encourage each other.**