The Family Therapy program at the Watson Institute is part of the SCAFFOLD-Services for Children with Autism and Families; Facilitating Outpatient Learning and Development—an outpatient clinic for children and families with autism or a related disorder.

Around the time of diagnosis, there are a variety of topics that can be address through individual and family sessions, including:

- Understand his or her diagnosis
- Helping the family in presenting the diagnosis to the child for the first time
- Addressing any additional questions the family may have after the diagnosis, in one or more sessions
- Education on services that are available to individuals diagnosed with Autism

**Other times, as needs arise**

- When seeking expert advice on any issue, for example: discerning between home school vs. private school vs. public school, preparing for a transition
- Addressing specific behavioral concerns such as toilet training, dealing with tantrums and compliance issues

The Watson Institute has assembled a professional staff with specific expertise in the field of autism and related disorders. The interventions and methods used at Watson are specifically designed for children and adolescents with autism spectrum disorders and their families.

*Watson is also in the process of forming groups for parents of young children recently diagnosed with an autism spectrum disorder*

For more information and referrals please call (412) 749-6425 or visit us online at www.thewatsoninstitute.org.